

PROGRAMS AT EES SPRING 2009

PLEASE USE THE PROGRAM WAIVER FORM FOR ALL ACTIVITIES

Out of the Box Art

Think outside of the box and explore a world of creativity!
Children will create a variety of different projects using all
kinds of materials. Come use your imagination to make
Wonderful treasures!

Who: Boys & Girls K-3rd grade

Meets: Mondays

Dates: May 4, 11, 18 June 1, 8

Time: 3:00-4:00

Cost: \$55.00

Location: EES Room TBA

Limit: Max 12

Instructor: Jennifer Crown

Karate Kids

Meet friends and build self esteem while learning the meaning
of respect, self discipline concentration and self control.
Student will learn the basics of Kempo Karate.

Who: Boys and Girls 1st-6th grade

Meets: Mondays at EES

Dates: May 4, 11, 18 June 1, 8

Time: 3:00-4:00

Cost: \$55.00

Location: ½ EES Gym

Limit: Max 20

Instructor: Kim Kleinman,

Kids' Scrapbooking Class

Are you looking for something fun to do? Why not create a
memorable paper scrapbook. We'll do a different theme each week. ***What to bring:** 3 photos related to
each class's theme.

·May 7: Salute to My Mom

·May 14: Family Vacation

·May 21: All About Sports/Favorite Hobby

May 28: All About School

June 4: A Day at the Beach

Who: Boys & Girls ages 6-10

Meets: Thursdays

Dates: May 7, 14, 21, 28 & June 4

Time: 3:00-4:00

Cost: \$50.00

Location: EES Room TBA

Limit: Max 12

Instructor: Jennifer Crown

Flag Football Clinic

Falcon Flag Football Camp is an exciting time to learn fundamental skills necessary to excel at the game of football. Falcons provide age appropriate equipment and instruction designed to improve speed and the overall experience. Have FUN! Make new friends! Learn new skills & drills! Compete in Punt, Pass and Kicking Competitions!

Who: Boys & Girls 1st-6th grade

Meets: Mondays

Dates: May 4, 11, 18, June 1, 8, 15

Time: 3p-4p

Cost: \$70

Location: EES Field

Limit: Max 20

Instructor: Falcon Sports Staff

Golf Clinic

Learn to play like the pros. Learn to putt, hit a chip shot and drive the ball long distances. Most importantly, participants will be taught how to play the game the right way while having a great time!

Who: Boy & Girls 1st -6th grade

Meets: Wednesdays

Dates: May 6, 13, 20, 27, June 3, 10

Times: 3p-4p

Cost: \$70

Location: EES Field

Limit: Max 20

Instructor: Falcon Sports Staff

Ultimate Frisbee Clinic:

This clinic is a fun place to learn the game, focusing on development of both offensive and defensive skill! Learn how to pass, intercept and score in the fun sport that combines the non-stop movement and athletic endurance of soccer with the aerial passing skills of football.

Who: Boy & Girls 1st -6th grade

Meets: Thursdays

Dates: Tuesdays: May 5, 12, 19, 26, June 2, 9

Times: 3p-4p

Location: EES Field

Limit: Max 20

Cost: \$70

Instructor: Falcon Sports Staff

Special Instructions: In the event of inclement weather, please call Falcon's weather hotline at 1-877-881-7217 for up to the hour information. If clinics are rained out, it will be made up one week after the last class. Applies only to the Falcon Sports clinics. It will be the parent's responsibility to notify the school of their child's dismissal plan in case activity is cancelled.

Kids Focus on Fitness

Kids - get off those couches and into the gym.

This exciting class is designed to bring fun and fitness together under one roof. The class is new every week! The workout is made up of partner and team relays, obstacle courses, fitness games and circuits. Kids will get a cardio workout, increase strength and endurance, and learn a sense of "team" through partner and group work. Nutrition and other healthy topics will also be discussed. Keep your kids moving this winter! Please wear sneakers and bring a water bottle.

Who: Boys and Girls grades 1 - 4

Meets: Tuesdays

Dates: 5,12,19,26 June 2

Time: 3:00 - 4:00 pm

Fee: \$55

Limit: Min. 6 Max. 14

Location: EES Gym

Instructor: Lori Marriott,
Shoreline Focus on Fitness

Kick Ball:

Besides instilling a love for the great game of kickball, this program will give children an opportunity to do something they don't do enough: Play a kid's game! Beyond building friendships, the program will have at its core the following 3 principles: Sportsmanship, Physical Fitness, and Fun.

Volunteers are needed to assist the Volunteer Coordinator:

Who: Boys and Girls grades 3-5

Meets: Thursday

Dates: May 7, 14, 21, 28 June 4

Time: 3:00 - 4:00 pm

Fee: \$40

Limit: Max 24

Location: EES Baseball Field

Instructor: Ray Frosti

Special Instructions:

In the event of inclement weather, please call Park & Recreation at 767-4340 x110 or 148. Cancellation will be determined by 1:30pm. If clinics are rained out, it will be made up one week after the last class. It will be the parent's responsibility to notify the school of their child's dismissal plan in case activity is cancelled.